

A Few Key Developmental Milestones

Can you spot the signs of on-track development in your child? Here are just a few to look for. Find more at www.exceed.ri.gov



At Age 9 Months:
Physical Development
• Crawls



At Age 18 Months:
Physical Development
• Walks alone



At Age 3 Years:
Cognitive Development
• Builds towers of more than 6 blocks



At Age 4 Years:
Cognitive Development
• Does puzzles



At Age 5 Years:
Social Emotional
• Wants to please, and be like friends

Ask your child's doctor or teacher about developmental screening, and visit the Families Page at www.exceed.ri.gov to learn more today.



RIDE Rhode Island Department of Education



Exceed is RI's Early Childhood Commitment.

Rhode Island's Race to the Top - Early Learning Challenge Grant initiative is called Exceed. It supports the children of Rhode Island to achieve new heights in their learning. RI's statewide partners are committed ensuring every child in our state truly Exceeds!



Which developmental milestones are being reached by your child?



Find Out Now!
Visit the Families Page at www.exceed.ri.gov



Success Starts Early

The first five years of life are filled with exciting milestones. It's the time when children's minds and bodies are developing the fastest. Each day, it seems, our children are learning or doing something new. These early, exciting milestones all build on one another, and each one is essential to future learning and development. It is important to pay close attention to and celebrate the milestones our children reach so we can be sure they are getting the best possible start in life.



What are Developmental Milestones?

Developmental milestones are skills or abilities that most children can typically do at specific ages. They include:

- Physical milestones, such as sitting up or crawling,
- Language milestones, such as learning to say "mama," and
- Social & emotional milestones, such as playing peek-a-boo and making friends.

Every parent should become familiar with the milestones for their child's age. Each milestone is something to be celebrated, but if you're concerned that your child hasn't reached a milestone yet, it's important to speak with a professional. Asking for help early is the best way to help your child if you have a concern.



What is Developmental Screening?

Developmental screening is a quick and easy way for your child's doctor and other professionals to know whether your child is reaching developmental milestones at the right time. If your child is younger than 3 years old, your child's doctor will likely ask you to complete a quick questionnaire about the things your child is learning and doing right now. This information helps the doctor better understand how your child is growing. This screening should be done at ages 9, 18, 24, and 30 months. If your child is 3-5 years old, your doctor will likely ask questions at your yearly physical, but it is important to also participate in a full developmental screening, which is done by specialists who work for your child's school district.

Developmental screening is easy, doesn't take much time, and just like getting checkups and vaccinations, is important for your child's health and development.

To find out more about developmental screening, visit the Families Page at www.exceed.ri.gov

